



## Community and Social Services - Employment and Financial Assistance

For residents who have been impacted by the demonstrations in the downtown core:

| How we can help   | Who to contact   |
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| <p><b>If you need help with:</b></p> <ul style="list-style-type: none"> <li>• Food</li> <li>• Rent or rent arrears</li> <li>• Heat, hydro, water costs, insurance, or arrears</li> <li>• Cost of prescription medications &amp; other health related expenses</li> <li>• Other basic needs</li> </ul>   | <p><b>Employment and Social Services</b><br/> Kelly Ford, Program Support Consultant<br/> <a href="mailto:Kelly.ford@ottawa.ca">Kelly.ford@ottawa.ca</a><br/> 613-580-2424 ext. 15142<br/> Monday to Friday: 8:30 am – 4:30 pm</p> <p>**Eligibility will be determined for the Ontario Works Financial Assistance, Ontario Works Emergency Assistance or Essential Health and Social Supports Program.</p> |
| <p><b>Employers - If you need help with:</b></p> <ul style="list-style-type: none"> <li>• Finding and hiring skilled employees</li> <li>• Information about financial hiring incentives</li> <li>• Other free employer services</li> </ul>  | <p><b>City Of Ottawa, Employment Ontario</b><br/> Jay Clark – Employment Specialist<br/> 613-580-2424 x 26420<br/> <a href="mailto:jay.clark@ottawa.ca">jay.clark@ottawa.ca</a></p>  |
| <p><b>Employees - If you need help with:</b></p> <ul style="list-style-type: none"> <li>• Finding a job</li> <li>• Putting together a resume</li> <li>• Improving your interview techniques</li> <li>• Upgrading your skills</li> <li>• Access to job fairs, job postings, job matching and one-to-one coaching</li> <li>• A one-stop-shop for finding the job you are looking for</li> </ul> | <p>Or</p> <p><b>Employment Ontario Referral and Information Line:</b><br/> 613-580-2424 ext. 14372</p> <p>Monday to Friday: 8:30 am – 4:30 pm</p>  |

For more information about:

- Ontario Works and Emergency Assistance visit: [www.ontario.ca/page/social-assistance](http://www.ontario.ca/page/social-assistance)
- Essential Health and Social Supports visit: <https://ottawa.ca/en/family-and-social-services/employment-and-financial-assistance/help-people-not-receiving-financial-assistance>
- Employment Ontario (job seekers and employers) visit: <https://ottawa.ca/en/family-and-social-services/employment-and-financial-assistance/help-finding-job#employment-ontario>

\*\*Please have the following information available when you call:

- Birth certificates, Social Insurance Number, Ontario Health Card and immigration documents for you and your family members.
- Information about your current income
- Information about your current assets (e.g., Bank account balances)
- Your accommodation expenses (e.g., rent, heat, hydro, etc.)