



INDIGENOUS YOUTH WELLNESS MENTOR (IYWM-R) Casual Position – Variable shifts

Tewegan Housing for Aboriginal Youth is an Ottawa-based transitional home for First Nations, Inuit & Metis women, ages 16 to 29.

We provide a safe, culture-orientated environment where women can celebrate their traditions & acquire skills that will help them in life.

We offer a wide range of programs & services including cultural programs, financial planning, outreach supports, counseling, assistance finding permanent housing & more.

POSTING DATE: 2026 APRIL 10

TEWEGAN'S CASUAL JOB OPPORTUNITY:

Tewegan is looking for dedicated team members to join our Indigenous Youth Wellness Member (IYWM) Team. We invite you to apply to our open Casual positions as we are looking to grow! Our IYWM team members act as vital members of our 24/7 operating team providing culturally safer transitional housing & short-term stabilization support with Indigenous Young Women ages 16 to 29 years experiencing Indigenous Homelessness. Reporting to the Executive Director, our IYWMs work variable shifts & with a team with a goal in contribute to ethically grounded & meaningful strategies, information sharing, consistent meaningful support & instill proactive collaborative strategies as outlined in each resident's growth plan.

The IYWM team members support Tewegan's mandate of providing a safe culture-based Aboriginal transition home to young women as they seek to acquire permanent, stable housing.

DUTIES AND RESPONSIBILITIES:

- Welcome, engage & maintain a culturally safe, trauma-informed approach to create a rapport with residents, co-workers, & community members across all communication mediums (including but not limited to social media, phone, written, on-line, &/or in-person)
- De-escalate & create a safe-spaces for our residents in distress (ie. building self-regulation strategies when experiencing stress, confusion, loss, or threat of loss is present)
- Balance house routines with emergent needs of residents through collaborative engagement & boundary setting strategies so as to balance each resident's unique needs with the facility's communal wellness
- Communicate effectively & documenting daily events, especially as it relates to practical daily functions (ie. referring to & honouring to collaborative, continuous & informed consent in support of the Young People)
- To be responsible for learning and generative practice through persistently contribution and collaboration in decision making, advocacy, and engagement in team reviews and practice sessions
- Complete, implement, monitor, & amend collaborative Accountability Agreements with the Young People regularly
- Complete all assigned shift duties, participate in & implement mandatory training methodologies as directed & participate in land-based learning activities as scheduled.
- Role model & ensure that Indigenous harm reduction strategies are co-created & amended as needed for each individual Young Person & is in alignment with in-house guidelines, practices & protocols.
- Provide daily support to residents in problem-solving systems navigation & practicing daily life skills
- Support communal Health & Safety practices, with the implementation of daily in-house care routines & administrative activities;
- Participate in cultural, social, & recreational programming with residents, service providers, Alumni & community.
- Other duties as assigned.

PREFERRED SKILLS AND QUALIFICATIONS:

- Formal education in health or social services program (Indigenous Studies, Social Work, Psychology, Mental Health & Addictions Support Worker, Education, Health Services, &/or human services), or equivalent combination of education & experience.
- Experience with the Child & Family Services Act, the Mental Health Act, a working knowledge of Ontario Works, Ontario Disability Support Program, Homelessness & Housing Sector & Benefits, &/or other relevant legislation & service providers

Tewegan strives to employ qualified members of our Indigenous community by providing & supporting employment opportunities. All qualified First Nations, Metis & Inuit women are encouraged to self-identify when applying for our exciting opportunities. Tewegan welcomes & encourages applications from persons with disabilities by providing accommodation(s) in accordance with the Ontario Human Rights Code & the Accessibility for Ontarians with Disabilities Act. If contacted for furthering your candidacy for employment, please advice if you require accommodation.



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- Two (or more) years direct service work experience with Indigenous young women in which you practiced:
 - o Active listening & meaningful collaboration in positive growth strategies.
 - o Conflict resolution strategies with a focus on trauma-informed approaches.
- Demonstrated strategies for timely report writing, accurate record keeping, progress tracking & documentation.
- Preferred certification(s) include CPI &/or TCI, MHFA, Standard First Aid & CPR, Overdose Response & Recognition, ASIST, & collaborative problem solving.

PHYSICAL WORK ENVIRONMENTAL CONSIDERATIONS:

- Routine navigation of facility including, external inspections, climbing 3 flights of stairs, standing, sitting, reaching, twisting, reaching, and other duties designed to care for the Young People & facility each workday.
- Occasional lifting (10lbs to 25 lbs) and physical exertion required to effect routine duties ie: restocking, sanitizing, storage of belongings, room discharge, ...etc.
- Persistent requirement to assess, prioritize, manage, and document information from multiple modes of communication for the purposes of decision making.
- Ongoing application of a range of Occupational Health and Safety practices.

SCHEDULED HOURS OF WORK

IYWM works a bi-weekly shifted rotation depending on operational needs & a mutually agreed upon schedule. Examples of shifts could include:

- 12-hour shifts, 8-hour shifts, &/or 4-hour shifts;
- Days, evenings, overnights, &/or weekends
- Additional Off Schedule duties consistent with administrative or learning.

COMPENSATION:

- Salary Range: \$24.45 to \$27.00 per hour, commensurate with experience.
- Term: Casual agreement with contracts ending March 31, 2027
- Benefits: Comprehensive EAP program, 4% Vacation benefits paid out with each pay period

OTHER DETAILS:

This IYWM role is an in-person position & is located within the heart of Ottawa, Ontario.

The successful candidate must have, or be willing to, obtain a recent criminal background check with results acceptable to Tewegan leadership as a mandatory condition of employment.

We thank all applicants in advance for their interest in joining the Tewegan IYWM team. We anticipate significant interest & therefore only those that are selected to advance will be contacted. Please be advised that the recruitment & selection process may be a combination of in-person &/or virtual (ie. Zoom or MS Teams) interviews.

HOW TO APPLY

Please submit your resume & cover letter by email to:

- Tewegan Hiring Committee:
 - o welcome@teweganhousing.ca

2/26/2024

2